

Cara Harper – Senior Facilitator & Consultant

Location: Vancouver

Cara Harper is an experienced educational consultant and corporate trainer. She has over 10 years of Canadian and international experience working in the field of employee learning and development. She has led multicultural teams on a number of corporate projects, at times with members residing in many parts of the world. Cara holds a professional coaching certificate and applies her coaching skills to work she does with her clients. She has coached business owners and supervisors in employee management – including behavioural interviewing, hiring and managing conflict – and employees in visioning, goal setting, developing an entrepreneurial mindset and performance improvement.

As an entrepreneur herself, Cara runs a learning and development company that specializes in designing and delivering clear and interactive learning solutions for corporate and government clients. She is also actively involved in teaching and mentoring new entrepreneurs. She teaches a series of classes in a four-month, full-time entrepreneurial training program and sits on the final business plan advisory panel.

As a facilitator, Cara ensures that her participants are actively engaged in the learning process. Her sessions are interactive, informative and fun. Here's what previous participants have said:

- "I enjoyed Cara's workshop very much – the best of the bunch so far. I think to have one-on-one time with her would be very valuable." (Entrepreneur, Vancouver, BC)
- "Cara does her homework. She uses considerable creativity and finely tuned organizational skills with great results." (Program Administrator, Port Coquitlam, BC)
- "Cara has the ability to involve each and every participant in a meaningful way. She has a true gift of being able to weave individual contributions into the larger picture of the workshop using concise and accurate summarizations." (Corporate Trainer, Vancouver, BC)

Passionate about global education, Cara holds the position of Educational Development Coordinator for an international project that is in the process of setting up a children's village in Guatemala. Her role is to coordinate the school set-up, as well as to develop curricula for staff and volunteer training programs.

Areas of Facilitation Expertise

- Mentorship and Coaching
- Interviewing and Hiring
- Multiculturalism and Diversity Training
- Communication
- Conflict Resolution
- Performance Improvement
- Customer Service
- Visioning and Goal Setting
- Sales and Marketing
- Relationship Building
- Self-esteem and Assertiveness
- Public Speaking

Memberships

- American Society for Training & Development (ASTD)
- International Coach Federation (ICF)

Education

- **Masters of Educational Technology** – University of British Columbia, Vancouver, BC (2008)
- **Bachelor of Arts (Psychology/English)** – University of Winnipeg, Winnipeg, MB (*Completing April 2009*)
- **Professional Coach Certificate** – Coaches Training Institute, Vancouver, BC (2007)
- **Project Management Course** – Royal Roads University, Victoria, BC (2004)
- **Professional Instructor's Certificate (Adult Education)** – Burnaby College, Burnaby, BC (1999)
- **Bachelor of Education (English)** – University of Winnipeg, Winnipeg, MB (1995)

Contact us today to meet Cara or any of our other senior facilitators.